



Why is Social-Emotional Learning (SEL) important?

So our children have peace of mind.

So our children know emotional well-being.

So our children have less anxiety and stress.

So our children know how to express their feelings.

So our children know how to build long term relationships.

So our children are empathetic.

So our children practice inclusivity.

So our children are resilient.

So our children know how to listen with respect.

So our children are critical thinkers.

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